

YOUR HEALTH & WELL BEING

Around-the-Clock Access

We want you to be able to get health information when you need it, all day, every day. That's why we offer the CIGNA HealthCare 24-Hour Health Information LineSM.

The **CIGNA HealthCare 24-Hour Health Information LineSM** offers toll-free access, day or night, seven days a week, to the following:

- **One-on-one help** from a CIGNA HealthCare health information nurse.
- **Recordings on hundreds of topics**, from injuries and illnesses to fitness and wellness.
- **Answers to health care questions**, including directions to the nearest medical facility or pharmacy, home care suggestions or help getting emergency or urgent care.



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CIGNA HealthCare
A Business of Caring.

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