

Presenting
**Lunch and Learn
Wednesdays**

Every Wednesday • Noon
in the Dean's Suite
(Building 19/Room 130)

STUDENT SUCCESS WORKSHOPS



Lunch and Learn Wednesdays

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Student Success workshops are conducted by a faculty or staff member from Broward College. These sessions are open to all Broward College students. The aim is to provide participants with fundamental tips on how to be successful on a personal and professional level. A holistic approach is taken in selecting the topics which result in a myriad of themes including academic, professional, financial and social issues. Workshops can also be presented to classes as well as student organizations by calling **954-201-6358**.

Transfer Tips

January 14, 2009 • Rita Ion

- Search tips
- Articulation agreement with Florida state schools
- Degree requirements before transferring

New Year's Resolution Commitment

January 28, 2009 • Marla Bennett

- Identify life goals
- Gain insight on maintaining positive change

Time Management

January 21, 2009 • Kobitta Chopra

- Develop a time management plan
- Be more efficient

Minority Male Challenges in the 21st Century

February 4, 2009 • Vernon Jones

- Identify common roadblocks
- Discuss strategies for success

Looking for Love in All the Right Places

February 11, 2009 • Marla Bennett

- Discussion about love and relationships
- The importance of good self-esteem

Community Service for College Students

March 25, 2009 • Marla Bennett

- Learn how to give back to the community
- Learn how to gain invaluable life experience

The Magic of Networking

February 18, 2009 • Kevin Johnson

- Define networking
- Discover the benefits of networking

Budget Management

April 1, 2009 • Diego Perez

- Learn to manage finances in this tough economy
- Simplify your finances as well as your life.

Feel the Fear and Do It Anyway

February 25, 2009 • Ivy Kurland

- Explore types of fear
- Empowerment of saying "Yes I can!"

Emotional Wellness

April 8, 2009 • Mia Ocean

- Learn the importance of personal balance
- Identify the connection between self-esteem and a healthy lifestyle

Diversity Among College Students

March 18, 2009 • Panel

- Join panel in discussing diversity issues that affect college students

Life Coaching

April 15, 2009 • Marla Bennett

- Learn how to reach your full potential
- Learn the importance of accountability and having a support system

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