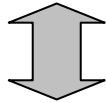


Career Planning Process

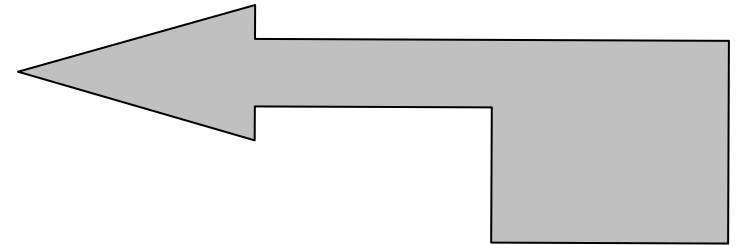
UNDERSTANDING YOURSELF

Decision-making style
Learning style
Personal and lifestyle goals
Self-concept
Values
Interests
Talents, skills, abilities
Computer literacy & Internet skills
Work and life experience



UNDERSTANDING ENVIRONMENT

The organization of world of work
Info about occupational options
Info about educational options
Sex, race, and handicap stereotypes
Employment outlook & emerging careers



INTEGRATION

Integrate knowledge of self and environment for making decisions and taking action.

