

One Day at a Time



- An environment that supports healthy living.
- Programs that promote and educate healthy behavior and truly enhance the quality of our employees and families well-being.
- Comprehensive Wellness Program that integrates the six dimension of wellness.

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The goal of Broward College wellness program is to help employees' lead happier, healthier lives at work and home.



The passport to Wellness is a tool designed to help Broward College employees track their participation in Wellness activities while earning points and incentives along the way.

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