

# Institute of Public Safety Testing Center

## Broward College IPS Medical Clearance Form

TO BE COMPLETED BY APPLICANT

Name \_\_\_\_\_

Date of Birth \_\_\_\_\_  
Month Day Year Applicant Signature

Individuals applying to work in public safety are required to perform a variety of essential physically demanding tasks. To measure an individual's capability to perform these critical tasks, applicants must undergo a physical fitness indicator test consisting of the following items:

- 1/2 mile run to measure aerobic power
- Obstacle course (*Complete list on page 2*)
- Push-ups to measure upper body muscular endurance
- Sit-ups to measure abdominal strength and endurance
- 50-yard swim test to measure swimming ability

Your professional opinion is requested as to whether the individual can safely participate in physical fitness testing and exercise training. Please check the box if the applicant is cleared to perform these test(s).

TO BE COMPLETED BY PHYSICIAN'S OFFICE ONLY

**Nurse Practitioner; Physician's Assistant are permitted - (Chiropractors not accepted) per FDLE Rules**

I hereby attest that I have examined the above named applicant and find him/her CAPABLE of participating in the essential functions of the law enforcement, correctional physical fitness indicator test.

Physician's Name

Applicant/Patient's Name

Address

Month Day Year

Address2

Examination Date (Void after 6 months.)

Phone

Medical License Number

Physician's Signature

**\*Any use of white-out, correction tape or crossed out corrections will invalidate this document.\***

**Please Make Copies Of Your Physician Medical Clearance Forms And Bring a Copy With You Each And Every Time You Come To Participate In Any Physical Exercise (Physical Agility and Swim Tests)**

04/01/2025