

YOUR HEALTH & WELL BEING



Healthy Babies® Program

Knowing What to Expect When You're Expecting

CIGNA HEALTHCARE'S HEALTHY BABIES® PROGRAM HAS HELP FOR MOMS-TO-BE

It's never too early to start taking care of a baby and CIGNA HealthCare believes in being very proactive in helping babies be healthy – moms, too. That's why as soon as your doctor says, "Congratulations, you're expecting," you can enroll in the CIGNA HealthCare Healthy Babies® Program.

During your pregnancy, as you pay special attention to your growing baby, CIGNA HealthCare will be paying special attention to you. And as a participant in Healthy Babies, you'll have opportunities for education and support through your entire pregnancy – and after.

Special features of Healthy Babies include:

- Support from a registered nurse case manager for moms and babies with special health care needs. These nurses are just a toll-free call away and can provide you with education on risk factors as well as offer access to services that can help you have a healthy delivery and baby.
- Free educational materials from the March of Dimes®, a long-time partner of CIGNA HealthCare and a recognized source of information on pregnancy and babies.
- Round-the-clock access to a valuable toll-free information line staffed by experienced registered nurses.

And once your baby arrives, CIGNA HealthCare continues to provide access to the services you'll need for the first few days – as well as access to a wide selection of credentialed CIGNA HealthCare participating pediatricians and family doctors from which to choose to provide your new baby's medical care.

Enrollment in Healthy Babies is as easy as calling the toll-free number on your CIGNA HealthCare ID card. So, when you're expecting, we'll be expecting your call!



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A Business of Caring.

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