



BROWARD COMMUNITY COLLEGE COURSE OUTLINE

LAST REVIEW: 2004-2005

NEXT REVIEW: 2009-2010

STATUS: A

COURSE TITLE: Criminal Justice Special Topics

COMMON COURSE NUMBER: CJK0095

CREDIT HOURS:

CONTACT HOUR BREAKDOWN

(per 16 week term)

CLOCK HOURS: 20

Lecture: 2

Lab: 18

(Voc. Course ONLY)

Clinic:

Other:

PREREQUISITE(S):

COREQUISITE(S):

PRE/COREQUISITE(S):

COURSE DESCRIPTION: Criminal Justice Special Topics is a course designed to introduce the student to physical conditioning, aerobic capacity, and wellness conditioning and training. It will help the student to better understand the need for a police officer to maintain physical conditioning and how an officer needs to possess those basic skills to perform the physical tasks required of criminal justice officers.

UNIT TITLES

1. Physical Conditioning and Wellness