

Broward Community College

Course Outline

STATUS: A

COMMON COURSE NUMBER: DAA 2282

COURSE TITLE: Ballet III

CREDIT HOURS: 2

CONTACT HOURS BREAKDOWN:

Lecture/Discussion 00

Lab 64

Other 00

Contact Hours/Week 4

CATALOG COURSE DESCRIPTION:

Prerequisite: DAA 1205 (or permission of instructor)

Corequisite: None

This course is a continuation of DAA 1205. Emphasis on developing strength and coordination in more complex phrasing and movement. This course will explore and develop an understanding of the vocabulary, technique, and theoretical concepts of ballet on an intermediate level. Students are required to audition for BCC Student Dance Ensemble. Coeducational. May be repeated for credit.

General Education Requirements - Associate of Arts Degree, meets Area(s):

General Education Requirements - Associate in Science Degree, meets Area(s):

UNIT TITLES:

1. Floor Warm-up, Body Alignment
2. Barre Exercises
3. Centre Floor
4. Performance Preparation
5. Choreographic Experience
6. Aesthetics/Critique of Live Ballet

LAST REVIEW Academic Year 1998-99

NEXT REVIEW Academic Year 2003-04

Interim Revision Dates:

I. Course Overview:

Upon successful completion of this course, the students should be able to demonstrate correct body alignment during floor warm-up exercises and barre exercises; perform intermediate ballet step combinations before an audience and recognize aesthetic attributes of ballet.

II. Units:

Unit 1. Floor Warm-up, Body Alignment

General Outcome:

- 1.0 The students should be able to initiate correct spinal alignment through a specific series of on-the-floor conditioning exercises necessary for proper preparation to dance.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

- 1.1 Demonstrate awareness of skeletal form and correct placement of body parts.
- 1.2 Demonstrate deep breathing as related to muscular oxygenation and correct use with each exercise.
- 1.3 Recognize deep breathing as a meditation and focus on inner attitude to precede action.
- 1.4 Demonstrate proper dance posture and centering.
- 1.5 Explain floor warm-up as personal and necessary maintenance for the dancer's body/instrument.

Unit 2. Barre Exercises

General Outcome:

2.0 The students should be able to recognize and demonstrate all barre exercises with increased proficiency of technique, quality of movement, musicality, and performance style.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

2.1 Execute the following with increased difficulty, speed, and duration:

2.1.1 Battement frappé double pointe with use of relevé.

2.1.2 Rond de Jambe en l'air (en dehors, en dedans, double, en relevé).

2.1.3 Preparation for fouetté turns.

2.1.4 Entrechat six.

2.1.5 Entrechat trois, cinq, sept.

2.2 Perform combination at the barre with increased balance, strength, alignment, and speed.

Unit 3. Center Floor

General Outcome:

3.0 The students should be able to recognize and perform combinations of intermediate ballet steps with increased proficiency of technique, speed, and presentation.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

3.1 Perform the following steps in combinations of increased difficulty, speed, and/or duration:

3.1.1 Centre practice -Complex phrasing within body positions of Cecchetti Method and French School.

3.1.2 Adagio

3.1.2.1 Promenade (en dedans, changing shape within).

3.1.2.2 Turns

3.1.2.3 Pirouette `a la seconde (en dehors, en dedans)

3.1.2.4 Tour sauté

3.1.2.5 Fouetté (retiré, attitude)

3.1.2.6 Arabesque en tournant

3.1.2.7 Attitude en tournant (devant, derriere).

3.1.3 Allegro

3.1.4.1 Entrechat six

3.1.4.2 Entrechat cinq, trois, sept.

3.1.4.3 Brise vole

3.1.4.4 Double cabriole

3.1.4.5 Sissonne battue

3.1.5 Big Jumps

3.1.5.1 Tour en l'air (double,
retire, men).

3.1.5.2 Grand changement

Unit 4. Performance Preparation

General Outcome:

4.0 The students should be able to prepare a repertoire of steps with increased difficulty and style for auditions and perform a brief ballet in front of an audience.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

- 4.1 Memorize and perform combinations as might be required in an audition.
- 4.2 Perfect presentation techniques for dance auditions and performances.
- 4.3 Demonstrate professional levels of discipline for class, auditions, rehearsals, and performance.
- 4.4 Discuss costumes and make-up for dance in relation to dance history.
- 4.5 Participate (with proficiency) in a performance.

Unit 5. Choreographic Experience

General Outcome:

5.0 The students should be able to choreograph a ballet of one and one half to three minutes, choosing music and steps appropriate to their level of proficiency.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

- 5.1 Determine musical form, tempo, and time signature for their individual music.
- 5.2 Apply various rhythmic and spatial variations.
- 5.3 Create a characterization, story or mood through their choreographic choices appropriate for the music.
- 5.4 Perform, or have performed, their choreography with proper technique, musicality, and presentation.
- 5.5 Choose appropriate make-up and costumes for the choreography.

Unit 6. Aesthetics/Critique of Live Ballet Performance

General Outcome:

6.0 The students should be able to recognize specific differences in aesthetic quality of various ballets and write a critique of a live ballet performance.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

- 6.1 Identify the different "schools" of ballet technique.
- 6.2 Compare classical ballets and discuss contemporary ballet.
- 6.3 Recognize choreographic qualities, patterns, levels, rhythms, dynamics, and be able to critically evaluate their use.
- 6.4 Relate to the music and the composers, lighting, set design, and costumes of the ballet.
- 6.5 Recognize correct technique and be able to critically evaluate.
- 6.6 Express individual appreciation of the ballet as an art.