



Broward Community College

Course Outline

LAST REVIEW: 2009-2010 **NEXT REVIEW: 2014-2015** **STATUS: A**
(i.e. 2003-2004) *(i.e. 2008-2009)* *(A, I, D)*

COURSE TITLE: Developmental Psychology II: Adolescent and Young Adult

COMMON COURSE NUMBER: DEP2302

CREDIT HOURS: 3

CONTACT HOUR BREAKDOWN

(per 16 week term)

CLOCK HOURS: 48

(Voc. Course ONLY)

Lecture: 48

Lab:

Clinic:

Other:

PREREQUISITE(S): PSY2012

COREQUISITE(S): None

PRE/COREQUISITE(S):

COURSE DESCRIPTION *(750 characters, maximum):*

The personal, social and developmental aspects of adolescence and early adulthood are reviewed in this course. A focus is placed upon the research dealing with the characteristic problems and adjustments of this life stage.

General Education Requirements – Associate of Arts Degree (AA), meets Area(s):

Area

General Education Requirements – Associate in Science Degree (AS), meets Area(s):

Area

UNIT TITLES

1. Philosophical Overview of Adolescence
2. Physical Development
3. ~~Intellectual~~ Cognitive Development
4. ~~Personality~~ Psychosocial Development
5. Adolescent Sexuality
6. Current Issues

Course Overview:

Upon successful completion of this course, the students should be able to demonstrate their knowledge of physical, cognitive and psychosocial development in adolescence and young adulthood.



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ASSESSMENT:

Please provide a brief description (250 characters maximum) that details how students will be assessed on the course outcomes.

1. Quizzes, Test, and/or Final Exam (cumulative/comprehensive);
2. Selected faculty may assess homework, projects, class participation/attendance, and/or extra credit projects.

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UNITS

Unit 1 Philosophical Overview of Adolescence

General Outcome:

- 1.0 The students should be able to understand *the* distinctive nature of the adolescent period, *including* stages, theories, and developmental *tasks*.

Specific Measurable Learning Outcomes:

Upon successful completion of this unit, the student shall be able to:

- 1.1 Define adolescence.
- 1.2 Discuss theories of adolescence
- 1.3 Identify adolescent stages and developmental tasks.
- 1.4 Describe development in young adulthood.



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Unit 2 Physical Development

General Outcome:

2.0 The students should be able to understand physical changes in adolescence and young adulthood.

Specific Measurable Learning Outcomes:

Upon successful completion of this unit, the student shall be able to:

- 2.1 Define puberty and pubescence.
- 2.2 Explain growth spurt and maturational changes.

Unit 3 Intellectual Development

General Outcome:

3.0 The students should be able to understand changes in intellectual cognitive functioning in adolescence and young adulthood.

Specific Measurable Learning Outcomes:

Upon successful completion of this unit, the student shall be able to:

- 3.1 Explain theories of cognitive development in adolescence and young adulthood.
- 3.2 Describe measurement of cognitive development in adolescence and young adulthood.

Unit 4 Personality Development

General Outcome:



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- 4.0 The students should be able to understand psychosocial development and changes during adolescence and young adulthood.

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Specific Measurable Learning Outcomes:

Upon successful completion of this unit, the student shall be able to:

- 4.1 Explain the influence of physical development on personality emergence.
- 4.2 Discuss theories of personality development.
- 4.3 Define identity and explain the formation of values.
- 4.4 Define Discuss conflict and resolution.

Unit 5 Adolescent Sexuality

General Outcome:

- 5.0 The students should be able to understand sexual identity and conflict, sexual behavior, and gender identity.

Specific Measurable Learning Outcomes:

Upon successful completion of this unit, the student shall be able to:

- 5.1 Differentiate between sex role identification and gender identity.
- 5.2 Discuss sexual behavior and concerns.
- 5.3 Chronicle sexual maturity and identity formation.

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Unit 6. Current Issues



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General Outcome:

- 6.0 The students should be able to understand current perspectives, issues and conflicts in adolescents and young adults.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

- 6.1 Discuss changing attitudes, mores, and values.
- 6.2 Describe peer group pressure, social problems and deviant behavior.
- 6.3 Identify medical, educational and occupational concerns.