



# Broward Community College

## Course Outline

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Status: A

COMMON COURSE NUMBER: EMS 2513

COURSE TITLE: Crisis Intervention

PREREQUISITE(S): None

COREQUISITE(S): None

CREDIT HOURS: 3

### CREDIT HOUR BREAKDOWN:

Lecture/Discussion: 48

Laboratory: 00

Other 00

CONTACT HOURS/WEEK: 3

### CATALOG COURSE DESCRIPTION:

Deals with the emotional responses of persons in emergency situations as well as the emergency care of the mentally ill person. Includes the legal aspects of caring for the emotionally ill person.

Term Offered: On Demand

### UNIT TITLES:

1. **Psychology Basics**
2. **Communication Skills**
3. **Legal Aspects**
4. **Childhood Crisis**
5. **Burn Out**
6. **Suicide**
7. **Alcohol and Substance Abuse**
8. **Management of Acute Mental Disturbance**
9. **Sexual Assault**
10. **Disaster**

## **I. Course Overview:**

Upon successful completion of this course, the students should be able to

- A. Review the care of the emotionally disturbed patient as presented in the Department of Transportation National paramedic curriculum,
- B. present in depth theoretical knowledge of emergency psychiatric care so that the student may adopt the principles to the pre-hospital care area, and
- C. introduce new concepts and procedures dealing with emergency care of the emotionally disturbed.

## **Unit 1. Psychology Basics**

General Outcome:

- 1.0 The students should be able to understand the basics of the emerging field of crisis intervention.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

- 1.1 Define crisis.
- 1.2 Define crisis intervention
- 1.3 Define emergency.
- 1.4 Define psychiatric emergency.
- 1.5 Place all of the above in current and future aspects of emergency medicine.
- 1.6 Name the stages of a crisis and explain why it is important to know.
- 1.7 Define psychological homeostasis.
- 1.8 Define physical signs of anxiety.
- 1.9 Define physical signs of anger.
- 1.10 Define physical signs of shock (emotional).
- 1.11 Define the goals (3) of crisis.
- 1.12 List crisis blue print.

## **Unit 2.      Communication Skills**

General Outcome:

- 2.0    The students should be able to understand, improve and use good communication skills.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

- 2.1    Distinguish personal goals.
- 2.2    Distinguish personal prejudice.
- 2.3    Recognize attitudes.
- 2.4    List goals of good communication.
- 2.5    Know the art of good interviewing.
- 2.6    Practice various listening techniques.
- 2.7    Understand interview and assessment.
- 2.8    Make assessment and diagnosis.
- 2.9    Develop a plan of action.

### **Unit 3. Legal Aspects of Crisis Intervention**

General Outcome:

- 3.0 The students should be able to know the basics of legal repercussions in crisis work.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

- 3.1 Know who must act in a crisis.
- 3.2 Know the meaning of negligence.
- 3.3 Know the meaning of confidentiality.
- 3.4 Know the meaning of assault and battery.
- 3.5 Know the meaning of consent (implied and expressed).
- 3.6 Know emergency commitment to psychiatric hospital.
- 3.7 Know how to write a report.

## **Unit 4. Childhood Crisis**

General Outcome:

- 4.0 The students should be able to handle children and know the signs of child abuse/neglect.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

- 4.1 Know the signs of child neglect/abuse.
- 4.2 Define abuse.
- 4.3 Define neglect.
- 4.4 Define sexual abuse.
- 4.5 Define sexual assault.
- 4.6 Know how to report to proper agency.
- 4.7 Interview a child.
- 4.8 Interview a parent.
- 4.9 Inform and teach other emergency personnel.
- 4.10 Know an abuser's profile.

## **Unit 5. Burn out.**

General Outcome:

5.0 The students should be able to protect self from horrors of the job stress.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

- 5.1 Recognize stress.
- 5.2 Measure stress.
- 5.3 Know where to look for help.
- 5.4 Assist fellow medics.
- 5.5 Use rational ideation to combat stress.
- 5.6 Place job in perspective with other balancing aspects of one's life.

## **Unit 6. Suicide**

### General Outcome:

- 6.0 The students should be able to understand the mechanisms of the suicidal patient and his environment.

### Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

- 6.1 Know statistics of suicide in the U.S.
- 6.2 Know the three rules to ascertain danger of suicide from one who threatens.
- 6.3 Know clues to precipitating events.
- 6.4 Know how to intervene on various suicide situations.
- 6.5 Know some don't of suicide intervention.

## **Unit 7. Alcohol and Substance Abuse**

General Outcome:

- 7.0 The students should be able to the various forms of alcohol and drug abuse, recognize and distinguish each as well as know how to treat.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should know

- 7.1 The basics of the disease alcoholism.
- 7.2 The four basic stages of an alcoholic.
- 7.3 The alcoholic family profile.
- 7.4 Alcoholic withdrawal symptoms.
- 7.5 How to treat all the above.
- 7.6 Drugs for treatment of above.
- 7.7 Alcoholic assessment skills.
- 7.8 Intervention techniques for victim and family.
- 7.9 Pharmacological definitions.
- 7.10 Categories of drugs.
- 7.11 Techniques and treatments for each category of drug.
- 7.12 Where to refer.

## **Unit 8. Management of Acute Mental Disturbance**

General Outcome:

- 8.0 The students should know how to handle self and others in the recognition of people with serious mental disturbances.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

- 8.1 Define anxiety.
- 8.2 Define hallucinations.
- 8.3 Define delusions.
- 8.4 Define illusions.
- 8.5 Distinguish from transient or situation disorders.
- 8.6 Study various symptomology in the DSM III (Diagnostic and Statistic Manual).
- 8.7 Define various forms of psychosis.
- 8.8 Define lesser degrees of mental disturbance.
- 8.9 Know how to avoid confrontation.
- 8.10 Know how to handle aggressive individuals.

## **Unit 9. Sexual Assault**

General Outcome:

- 9.0 The students should be able to handle a sexual assault scene from beginning to end.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

- 9.1 Talk to the victim of sexual assault.
- 9.2 Understand sexual assault from the victim's point of view.
- 9.3 Place sexual assault in a category of violence.
- 9.4 Speak with the family.
- 9.5 Refer the patient.
- 9.6 Know legal aspects of rape scene.
- 9.7 Maintain confidentiality.
- 9.8 User proper interview techniques.
- 9.9 Transport the victim.
- 9.10 Handle the police officer's response to sexual assault.
- 9.11 Close treatment.

## **Unit 10. Disaster**

General Outcome:

10.0 The students should be able to prepare for major catastrophes from a psychological point of view.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should know:

- 10.1 The disaster phases.
- 10.2 The emotional responses to disaster.
- 10.3 Management of hysterical victims.
- 10.4 Management of the subdued victim.
- 10.5 Psychological triage.
- 10.6 How to muster resources.