



# Broward Community College

## Course Outline

STATUS: A

COMMON COURSE NUMBER: LEI 1000

COURSE TITLE: Introduction to Recreation

CREDIT HOURS: 3

**CONTACT HOURS BREAKDOWN:**

Lecture/Discussion 48

Lab 00

Other 00

Contact Hours/Week 3

**CATALOG COURSE DESCRIPTION:**

Prerequisite: None

Co requisite: None

This course acquaints the individual with the recreation organization and opportunities for leaders in the field.

General Education Requirements - Associate of Arts Degree, meets Area(s):

General Education Requirements - Associate in Science Degree, meets Area(s):

**UNIT TITLES:**

1. Philosophy
2. History
3. Delivery Systems
4. Programs
5. Facilities
6. Leadership
7. Administration
8. Visitation/Survey

LAST REVIEW Academic Year 1998-99

NEXT REVIEW Academic Year 2003-04

*Interim Revision Dates:*

## **I. Course Overview:**

Upon successful completion of this course, the students should be able to identify the purposes of the field of recreation and leisure services.

## **II. Units:**

### **Unit 1.      **Philosophy****

#### General Outcome:

- 1.0    The students should be able to develop a sound philosophy of recreation and be acquainted with its background.

#### Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

- 1.1    Define recreation.
- 1.2    Discuss why people participate in recreation.
- 1.3    Describe how recreation and leisure affect the following:
  - 1.3.1    The individual
  - 1.3.2    Society
- 1.4    Explain how the individual selects recreational activities.
- 1.5    Describe changes in society affecting the need for recreational activities.

## **Unit 2. History**

### General Outcome:

- 2.0 The students should be able to discuss the historical background and growth in the recreation movement.

### Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

- 2.1 Discuss the background of recreational activities during significant eras of world history.
- 2.2 Detail the significant events in the recreation movement in the United States.

## Unit 3. Delivery Systems

### General Outcome:

- 3.0 The students should be able to acknowledge how recreational activities and services are provided through many different agencies.

### Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

- 3.1 Describe how the following agencies provide recreational services:
- 3.1.1 Public
  - 3.1.2 Commercial
  - 3.1.3 Private
  - 3.1.4 Voluntary

## Unit 4. Programs

### General Outcome:

- 4.0 The students should be able to understand the planning process of designing recreation programs.

### Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

- 4.1 Identify the guiding factors and principles in program planning.
- 4.2 Explain the methods of organizing and conducting individual recreation programs.

## **Unit 5. Facilities**

### General Outcome:

- 5.0 The students should be able to complete the planning process for recreational facilities.

### Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

- 5.1 Identify guiding principles in the general planning of recreational facilities.
- 5.2 Describe specific factors to consider in planning a given recreational facility.

## **Unit 6. Leadership**

### General Outcome:

- 6.0 The students should be able to play the role of a leader in the recreation service.

### Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

- 6.1 Identify the nature of leadership.
- 6.2 Discuss the aims and functions of leadership.
- 6.3 Describe types of leadership positions in recreation.
- 6.4 Indicate the preparation necessary for recreation leadership.

## **Unit 7. Administration**

### General Outcome:

7.0 The students should be able to identify the administrative process in recreation.

### Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

7.1 Identify the following administrative concerns:

7.1.1 Organizational structure of public recreation

7.1.2 Funding recreation services

7.1.3 Legal responsibility

7.1.4 Records and reports

7.1.5 Public relations

## **Unit 8. Visitation/Survey**

### General Outcome:

8.0 The students should be able to identify the nature and scope of recreation.

### Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

8.1 Discuss how a career in recreation and leisure may affect the individual.

8.2 Identify the guiding factors and principles in career planning.

8.3 Discuss the career opportunities in the following recreation agencies:

8.3.1 Public – City/County/State

8.3.2 Commercial

8.3.3 Private

8.3.4 Voluntary