



# BROWARD COMMUNITY COLLEGE COURSE OUTLINE

**LAST REVIEW: 2008-2009**

*2007-2008*

**NEXT REVIEW: 2013-2014**

*2010-2011*

**STATUS: A**

*Active*

**COURSE TITLE: NURSING PROCESS I**

**COMMON COURSE NUMBER: NUR 1020**

**CREDIT HOURS: 3**

**CONTACT HOUR BREAKDOWN**

*(per 8 week term)*

**CLOCK HOURS: 0**

Lecture: 6 (48 total) Lab: **0**

Clinic Other: **0**

**PREREQUISITE(S): ENC 1101; CHM 1032; BSC 1085, BSC 1085L; BSC 1086, BSC 1086L**

**COREQUISITE(S): NUR 1020L, MTB 1370, HSC1149**

**PRE/COREQUISITE(S):**

**COURSE DESCRIPTION:** A theoretical course for the beginning nursing student. Nursing process provides the student with the fundamentals of nursing including such basic skills as health assessment, legal aspects of nursing practice, communication and documentation technique, asepsis, the nursing process, caring for patients having special procedures or specimen collection, and the role of the nurse as a member of the health care team. This course also includes explanation of specific physiological and psychological human needs as hygiene, safety, sleep and rest, sensory, grief and loss, and self-concept and the nurse's role in assisting a person meet these needs, while sensitive to cultural diversity, human dignity, and development progression.

## UNIT TITLES

**1.0 FOUNDATIONS FOR NURSING PRACTICE**

**2.0 NURSING PROCESS AND CRITICAL THINKING AS THE FOUNDATION OF PATIENT ASSESSMENT**

**3.0 CARING THROUGHOUT THE LIFE SPAN AND SPECIAL SITUATIONS**

**4.0 ASSISTING THE PATIENT IN MEETING BASIC HUMAN NEEDS**



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## UNIT 1

### 1.0 FOUNDATIONS FOR NURSING

**Specific Measurable Learning Outcomes:**

Upon successful completion of this unit, the student shall be able to: discuss and will begin to plan nursing interventions, incorporating the concepts of professionalism, management, communications, holism, wellness, legal constraints, and standards in case studies and discussions, and applying those concepts in case studies and discussions.

- 1.1 The learner will describe the historical development of the profession of nursing, nurses' legal/ethical responsibilities, and communication as a member of the health care team and manager of care.
- 1.2 The learner will begin to describe and illustrate the legal aspects related to the practice of professional nursing.
- 1.3 The learner will begin to describe and illustrate the ethical, religious, and cultural aspects related to the practice of professional nursing.
- 1.4 The learner will describe and illustrate principles of communication as a component of holistic nursing practice.
- 1.5 The learner will discuss documentation and reporting as a means of communication within the health care team and apply the concepts in case studies and discussions.



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### Unit 2

#### 2.0 NURSING PROCESS AND CRITICAL THINKING AS THE FOUNDATION OF PATIENT ASSESSMENT

**Specific Measurable Learning Outcomes:**

Upon successful completion of this unit, the student shall be able to: incorporate the concepts of nursing process and critical thinking into health assessment, vital sign assessment, medical asepsis, and caring for patients undergoing special procedures and specimen collection, applying those concepts to patients with simple alterations in wellness in case studies and discussions.

- 2.1 The learner will begin to synthesize knowledge to utilize the nursing process in case studies and discussions as the scientific basis for critical thinking to make decisions regarding management of patient care.
- 2.2 The learner will be able to discuss the taking of vital signs and apply the nursing process in case studies and discussions to plan care for a patient experiencing variations in vital signs.
- 2.3 The learner will be able to discuss the performance of a nursing health assessment and physical exam and will begin to apply the nursing process in case studies and discussions to plan care for a patient experiencing variations in the findings.
- 2.4 The learner will utilize principles of infection control as a protection for both the nurse and patient during the provision or nursing care.
- 2.5 The learner will be able to define the nursing role as a member of the health care team in planning care for patients undergoing diagnostic tests and special procedures.



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### Unit 3

#### 3.0 CARING THROUGHOUT THE LIFE SPAN AND SPECIAL SITUATIONS

**Specific Measurable Learning Outcomes:**

Upon successful completion of this unit, the student shall be able to: identify and plan to meet the needs of patients with sensory and self-concept alterations, patients experiencing death and loss, and patients being admitted to or discharged from the health care system, applying those concepts in case studies and discussions.

- 3.1 The learner will be able to apply the nursing process in case studies and discussions to plan care of a dying patient and their significant others to facilitate coping with loss and grief.
- 3.2 The learner will be able to apply the nursing process in case studies and discussions to plan care for a person at risk for or experiencing alteration in sensory stimulation.
- 3.3 The learner will be able to apply the nursing process in case studies and discussions to plan care for a person at risk for or experiencing alteration in Self-concept: Body Image.
- 3.4 The learner will be able to discuss the performance of a patient admission, discharge, and transfer and will begin to apply the nursing process in case studies and discussions to plan care for a patient experiencing these events.



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## Unit 4

### 4.0 ASSISTING THE PATIENT IN MEETING BASIC HUMAN NEEDS

**Specific Measurable Learning Outcomes:**

Upon successful completion of this unit, the student shall be able to: identify and plan to meet the safety, sleep and rest, and hygiene needs of patients, applying those concepts in case studies and discussions.

- 4.1 The learner will discuss and illustrate principles of body mechanics and safety as a protection for both the nurse and patient during the provision or nursing care.
- 4.2 The learner will be able to apply the nursing process to plan care for a person at risk for or experiencing alteration in Sleep and Rest.
- 4.3 The learner will be able to apply the nursing process in case studies and discussions relating to the plan care of a patient experiencing alterations in Self-care: Hygiene.



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