



# Broward Community College

## Course Outline

STATUS: ACTIVE

**COMMON COURSE NUMBER:** NUR1271 (NSP 1641)

**COURSE TITLE:** Foundations of Community Health

**PRE-REQUISITE:** Proof of Florida licensure, Registered Nurse

**COURSE DESCRIPTION:** This course is designed to provide the health professional concept of community health including basic foundations of health care. Topics to be covered include concepts of health, wellness, and illness; philosophy of community health; holistic health care; influence of culture; role of the health professional.

**CREDIT HOURS:** 3

LECTURE: 48

**Term Offered:** On Demand

**UNIT TITLES:**

1. Health, Wellness, Illness
2. Community
3. Philosophy
4. Culture
5. U.S. Health Care Delivery
6. Community Analysis
7. Holistic Health Care
8. Marketing Health
9. Evaluating Health Promotion
10. The Normal aging Process

LAST REVIEW Academic Year 2004-2005 NEXT REVIEW Academic Year 2009-2010

*Interim Revision Dates:*

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## **NUR1271 Foundations of Community Health**

### **I. Course Overview:**

Upon successful completion of this course, the students should be able to demonstrate an understanding of community-based health care related to the foundations of community health.

### **II. Units:**

#### Unit 1. Health, Wellness, Illness

##### General Outcome:

1.0 The students should be able to identify concepts of health, wellness, and illness.

##### Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to demonstrate an understanding of the following concepts of health, wellness, and illness:

- 1.1 WHO definition
- 1.2 Nature and scope of public health
- 1.3 History of community health and community health nursing

#### Unit 2. Community

##### General Outcome:

2.0 The students should be able to define concepts of community and list types of communities including the client as a type of community.

##### Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to demonstrate an understanding of the following concepts of community:

- 2.1 Definition of community
- 2.2 Systems theory
- 2.3 Definition of client
- 2.4 Client as a community

## **NUR1271 Foundations of Community Health**

### Unit 3. Philosophy

#### General Outcome:

3.0 The students should be able to discuss the major components of the philosophy of community health.

#### Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to demonstrate an understanding of the following components of the philosophy of community health:

- 3.1 Population-focused
- 3.2 Continuous
- 3.3 Broad, diverse, community-based
- 3.4 Health prevention, promotion, and long-term care

### Unit 4. Culture

#### General Outcome:

4.0 The students should be able to describe how the influence of culture has impact on community health practice.

#### Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to demonstrate an understanding of the following influences of culture on community health practice:

- 4.1 Values
- 4.2 Beliefs
- 4.3 Practices
- 4.4 Health teaching

## **NUR1271 Foundations of Community Health**

## Unit 5. U.S. Health Care Delivery

General Outcome:

5.0 The students should be able to explain the health care delivery system of the United States.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to demonstrate an understanding of the following facets of the U.S. health care delivery system:

- 5.1 Primary
- 5.2 Secondary
- 5.3 Tertiary
- 5.4 International through local levels

## Unit 6. Community Analysis

General Outcome:

6.0 The students should be able to describe the steps necessary for community analysis.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to demonstrate an understanding of the following steps necessary for community analysis:

- 6.1 Compiling a community profile
- 6.2 Interpreting data
- 6.3 Making recommendations
- 6.4 Documenting situations

## **NUR1271 Foundations of Community Health**

## Unit 7. Holistic Health Care

### General Outcome:

7.0 The students should be able to differentiate between the various modalities of holistic health care.

### Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to demonstrate an understanding of the following modalities of holistic health care:

- 7.1 Holistic health centers
- 7.2 View of illness
- 7.3 View of health

## Unit 8. Marketing Health

### General Outcome:

8.0 The students should be able to identify methods used to market health and compare the health marketing to retail marketing.

### Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to demonstrate an understanding of the following facets of health marketing:

- 8.1 Marketing versus selling
- 8.2 Four P's
- 8.3 Methods of marketing
- 8.4 Transferability of marketing techniques
- 8.5 Ethics of marketing health
- 8.6 Acceptance of the public of health marketing
- 8.7 Service exchange versus product exchange
- 8.8 Politics of health marketing

## **NUR1271 Foundations of Community Health**

## Unit 9. Evaluating Health Promotion

General Outcome:

9.0 The students should be able to describe the techniques used to evaluate health promotion.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to demonstrate an understanding of the following techniques used to evaluate health promotion:

- 9.1 Use of feedback loop
- 9.2 Pre-testing
- 9.3 Surveys
- 9.4 Increase in practice

## Unit 10. The Normal Aging Process

General Outcome:

10.0 The students should be able to identify the physical and psychological components of the normal aging process and explain how normal aging impacts community health promotion for the elderly.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to demonstrate an understanding of the following aspects of normal aging and their impact on community health promotion for the elderly:

- 10.1 Developmental tasks
- 10.2 Culture
- 10.3 Disengagement theory
- 10.4 Activity theory
- 10.5 Major health problems
- 10.6 Psychosocial problems
- 10.7 Abuse
- 10.8 Types of health services
- 10.9 Impact due to increases in life span