



Broward Community College

Course Outline

STATUS: ACTIVE

COMMON COURSE NUMBER: NUR1272 (NSP 1642)

COURSE TITLE: Community Health: Community Health Care

PRE-REQUISITE: Proof of Florida licensure, Registered Nurse

CREDIT HOURS: 3

LECTURE: 48

COURSE DESCRIPTION: This course is designed to provide the health professional the concepts of community health care including assessment of client, role of the family, problems of families across the life span, community health services, environmental and occupational health, communicable diseases, and crisis intervention.

Term Offered: On Demand

UNIT TITLES:

1. Physical Assessment
2. Promoting Health
3. The Role of the Family
4. Family Health Problems
5. Home Health Care
6. Services to the Disabled
7. Services to the School System
8. Environmental and Occupational Health
9. Prevention of Communicable Diseases and Infection Control
10. Crisis Intervention

LAST REVIEW Academic Year 2004-2005 NEXT REVIEW Academic Year 2009-2010
Interim Revision Dates:

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I. Course Overview:

Upon successful completion of this course, the students should be able to demonstrate an understanding of community-based health care.

II. Units:

Unit 1. Physical Assessment

General Outcome:

1.0 The students should be able to demonstrate the techniques of physical assessment used to assess major body systems.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to demonstrate an understanding of the following techniques of physical assessment:

- 1.1 Inspection
- 1.2 Palpation
- 1.3 Auscultation
- 1.4 Percussion

Unit 2. Promoting Health

General Outcome:

2.0 The students should be able to explain the use of the nursing process to promote health within the community.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to demonstrate an understanding of the following uses of the nursing process:

- 2.1 Assessment
- 2.2 Data collection
- 2.3 Planning
- 2.4 Implementation
- 2.5 Evaluation

Unit 3. The Role of the Family

General Outcome:

3.0 The students should be able to identify the role of the family in providing community-based health care.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to demonstrate an understanding of the following facets of the family's role in community health care:

- 3.1 The family unit
- 3.2 Roles within the family
- 3.3 Concept of family health
- 3.4 Use of health belief models within the family unit
- 3.5 Factors which support or prevent family health
- 3.6 Family health assessment guides
- 3.7 Relationship between family health and community health

Unit 4. Family Health Problems

General Outcome:

4.0 The students should be able to discuss major community health problems of the young family, family of middle years, and aging family.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to demonstrate an understanding of the following family health problems:

- 4.1 Prenatal and infant care, death and disability, accidents, acute illnesses, communicable disease, family planning (Young family)
- 4.2 Physical changes, changing roles, acute/chronic illnesses, sexual/substance/human abuse (Middle years)
- 4.3 Independence/dependence, acute/chronic illnesses, sexuality (Aging family)

Unit 5. Home Health Care

General Outcome:

5.0 The students should be able to describe the process of home health care within current government guidelines and develop methods for adapting given health skills to the home setting.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to demonstrate an understanding of the following aspects of home health care:

- 5.1 Medicare
- 5.2 Medicaid
- 5.3 Documentation
- 5.4 Quality assurance/accountability
- 5.5 Types of agencies
- 5.6 Accreditation
- 5.7 Objectives of home care
- 5.8 Interdisciplinary approach
- 5.9 Impact of legislation
- 5.10 Hospice
- 5.11 Cost effectiveness
- 5.12 Third party reimbursement
- 5.13 Adapting common nursing skills to the home setting

Unit 6. Services to the Disabled

General Outcome:

6.0 The students should be able to describe community health services to the disabled.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to demonstrate an understanding of the following regarding health services to the disabled:

- 6.1 Scope of the problem
- 6.2 Definition of disability
- 6.3 Role of the federal government
- 6.4 Public versus private schools
- 6.5 Role of the community health nurse in family support

Unit 7. Services to the School System

General Outcome:

7.0 The students should be able to describe community health services to the school system.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to demonstrate an understanding of the following as related to community health services to the school system:

- 7.1 Traditional versus contemporary school nursing
- 7.2 Regulations and controls
- 7.3 Strategies for health promotion

Unit 8. Environmental and Occupational Health

General Outcome:

8.0 The students should be able to describe the components of environmental and occupational health.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to demonstrate an understanding of the following components of environmental and occupational health:

- 8.1 Ecology, environment
- 8.2 Biological hazards
- 8.3 Physical hazards
- 8.4 Chemical hazards
- 8.5 Role of the community health nurse
- 8.6 Role of the government

Unit 9. Prevention of Communicable Diseases and Infection Control

General Outcome:

9.0 The students should be able to describe the prevention of communicable diseases and infection control in community health.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to demonstrate an understanding of the following components of prevention of communicable diseases and infection control:

- 9.1 Host, agent, infectious, virulence, communicable disease, active immunity, passive immunity
- 9.2 Infection chain
- 9.3 Current immunization practice for:
 - A. Measles

- B. Mumps
 - C. Rubella
 - D. Polio
 - E. Diphtheria
 - F. Pertussis
 - G. Smallpox
- 9.4 Sexually transmitted diseases:
- A. Chlamydial infections
 - B. Herpes
 - C. Trichomoniasis
 - D. Gonorrhoea
 - E. Syphilis
- 9.5 Pediculosis, helminth
- 9.6 Role of the community health nurse in communicable disease prevention and treatment

Unit 10. Crisis Intervention

General Outcome:

10.0 The students should be able to identify the techniques of crisis intervention which may be used in community health care.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to demonstrate an understanding of the following facets of crisis intervention:

- 10.1 Definition
- 10.2 Nature
- 10.3 Characteristics
- 10.4 Types
- 10.5 Intervention