



# BROWARD COMMUNITY COLLEGE COURSE OUTLINE

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**COMMON COURSE NUMBER:** NUR 1500L

**STATUS:** A

**COURSE TITLE:** TRANSITION PSYCHIATRIC NURSING CLINICAL LABORATORY

**CREDIT HOURS:** 1

**CONTACT HOURS BREAKDOWN:**

Lecture/Discussion: 0

Laboratory: 56

Other \_\_\_\_\_ 0

CONTACT HOURS/WEEK: 7

**CATALOG COURSE DESCRIPTION:**

This clinical course for the LPN provides the student with a definition and understanding of psychiatric nursing. The nursing process is utilized to present pathological conditions. Therapeutic modalities are included.

**Prerequisite:** NUR 2020 ; NUR 2020L

**Co-/Prerequisite:** NUR 1520

**UNIT TITLES**

1. FOUNDATION FOR PSYCHIATRIC NURSING PRACTICE.
2. IDENTIFY, DISCUSS, DESCRIBE, AND IMPLEMENT CARE FOR PATIENTS WITH PSYCHIATRIC DISORDERS.
3. IDENTIFY, DESCRIBE, DISCUSS, PLAN CARE FOR PATIENTS FROM "SPECIAL POPULATIONS" WHO HAVE PSYCHIATRIC DISORDERS.
4. IDENTIFY, DESCRIBE, AND DISCUSS NURSING INTERVENTIONS AND TREATMENT OPTIONS FOR THE CLIENT WITH PSYCHIATRIC DISORDERS.

**Course Overview:**

Upon successful completion of this course, the student should be able to accomplish the understanding of psychiatric nursing, and the nursing process is utilized to present pathological conditions

LAST REVIEW Academic Year 2001-2002

NEXT REVIEW Academic Year 2004-05

*Interim Revision Dates:*

## UNITS:

### **Unit 1. 1. FOUNDATION FOR PSYCHIATRIC NURSING PRACTICE**

#### **General Outcome:**

- 1.0 The students should be able to understand the foundation for psychiatric nursing practice.

#### **Specific Learning Outcomes:**

Upon successful completion of this unit, the students should be able to:

- 1.1 Apply appropriate theory that is scientifically sound as a basis for decisions regarding nursing practice.
- 1.2 Continuously collect data that are comprehensive, accurate, and systematic.
- 1.3 Utilize nursing diagnoses and/or standard classification of mental disorders to express conclusions supported by recorded assessment data and current scientific premises.
- 1.4 Develop a nursing care plan with specific measurable goals and interventions delineating nursing actions unique to patient needs.
- 1.5 Assist client, families, and groups to achieve satisfying and productive patterns of living through health teaching
- 1.6 Utilize caring behaviors when implementing care of patients with psychiatric disorders.
- 1.7 Deliver culturally competent client care honoring diversity and human dignity. Synthesize and employ ethical and legal principles, professional integrity, accountability, and responsibility for self-development into the practice of nursing.
- 1.8 Utilize therapeutic skills of communication, valuing, and honoring to participate in the decision-making process with the patient, significant support persons, and members of the healthcare team, including community agencies.

**Unit 2. 2. IDENTIFY, DISCUSS, DESCRIBE, AND IMPLEMENT CARE FOR PATIENTS WITH PSYCHIATRIC DISORDERS.**

**General Outcome:**

2.0 The students should be able to identify, discuss, describe and implement care for patients with Psychiatric disorders.

**Specific Learning Outcomes:**

Upon successful completion of this unit, the students should be able to

- 2.1 Intervene as guided by the nursing care plan to implement nursing actions that promote, maintain, or restore physical and mental health; prevent illness; and effect rehabilitation.
- 2.2 Utilize psychotherapeutic interventions to assist patients to regain or improve their previous coping abilities and to prevent further disability
- 2.3 Utilize the activities of daily living in a goal-directed way to foster adequate self-care and physical and mental well being of patients.
- 2.4 Provide, structure, and maintain a therapeutic environment in collaboration with the client and other health care providers.
- 2.5 Evaluate patient responses to nursing actions in order to revise the database, nursing diagnoses, and nursing care plan
- 2.6 Utilize caring behaviors when implementing care of patients with psychiatric disorders
- 2.7 Deliver culturally competent client care honoring diversity and human dignity.
- 2.8 Synthesize and employ ethical and legal principles, professional integrity, accountability, and responsibility for self-development into the practice of nursing.
- 2.9 Utilize therapeutic skills of communication, valuing, and honoring to participate in the decision-making process with the patient, significant support persons, and members of the healthcare team, including community agencies.

**Unit 3. 3. IDENTIFY, DESCRIBE, DISCUSS, PLAN CARE FOR PATIENTS FROM “SPECIAL POPULATIONS” WHO HAVE PSYCHIATRIC DISORDERS.**

**General Outcome:**

- 3.0 The students should be able to identify, describe, and discuss plan care for patients from “special populations” who have psychiatric disorders.

**Specific Learning Outcomes:**

Upon successful completion of this unit, the students should be able to:

- 3.1 Intervene as guided by the nursing care plan to implement nursing actions that promote, maintain, or restore physical and mental health; prevent illness; and effect rehabilitation.
- 3.2 Utilize psychotherapeutic interventions to assist patients to regain or improve their previous coping abilities and to prevent further disability.
- 3.3 Utilize the activities of daily living in a goal-directed way to foster adequate self-care and physical and mental well being of patients.
- 3.4 Provide, structure, and maintain a therapeutic environment in collaboration with the client and other health care providers
- 3.5 Evaluate patient responses to nursing actions in order to revise the database, nursing diagnoses, and nursing care plan.
- 3.6 Utilize caring behaviors when implementing care of patients with psychiatric disorders.
- 3.7 Deliver culturally competent client care honoring diversity and human dignity
- 3.8 Synthesize and employ ethical and legal principles, professional integrity, accountability, and responsibility for self-development into the practice of nursing
- 3.9 Utilize therapeutic skills of communication, valuing, and honoring to participate in the decision-making process with the patient, significant support persons, and members of the healthcare team, including community agencies.

**Unit 4. 4. IDENTIFY, DESCRIBE, AND DISCUSS NURSING INTERVENTIONS AND TREATMENT OPTIONS FOR THE CLIENT WITH PSYCHIATRIC DISORDERS.**

**General Outcome:**

- 4.0 The students should be able to identify, describe and discuss nursing interventions and treatment options for the client with psychiatric disorders.

**Specific Learning Outcomes:**

Upon successful completion of this unit, the students should be able to:

- 4.1 Utilize knowledge of somatic therapies and apply related clinical skills in working with patients.
- 4.2 Utilize caring behaviors when implementing care of patients with psychiatric disorders.
- 4.3 Deliver culturally competent client care honoring diversity and human dignity
- 4.4 Synthesize and employ ethical and legal principles, professional integrity, accountability, and responsibility for self-development into the practice of nursing
- 4.5 Utilize therapeutic skills of communication, valuing, and honoring to participate in the decision-making process with the patient, significant support persons, and members of the healthcare team, including community agencies.