



Broward Community College

Course Outline

STATUS: ACTIVE

COMMON COURSE NUMBER: NUR2062 (NSP 2022)

COMMON COURSE TITLE: Health Assessment of the Adult Client

CREDIT HOURS: 5

LECTURE: 80

COURSE DESCRIPTION: This course focuses on assessment of the adult client as he or she fluctuates on the wellness-illness continuum. Techniques of physical assessment will be systematically taught in an illness head-to-toe approach. The skill of concisely recording the findings will also be included.

Term Offered: On Demand

UNITS:

1. The Health History Assessment of the Integumentary System
2. Assessment of the Head and Neck
3. Assessment of Breast, axilla, Lungs, and Thorax
4. Assessment of the Heart and Peripheral Vascular System
5. Assessment of the Neuro-Musculoskeletal System
6. Assessment of the Abdomen and Genitourinary Systems

NUR2060 Health Assessment of the Adult Client

I. Course Overview:

Upon successful completion of this course, the students should be able to perform physical assessment of the well adult.

II. Units:

Unit 1. The Health History Assessment of the Integumentary System

General Outcome:

1.0 The students should be able to record a health history of the integument.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

- 1.1 Describe a systematic health assessment of the adult as it provides a more objective tool on which to base the nursing process and nursing intervention.
- 1.2 Obtain and record a comprehensive health history of the adult client including physiological, sociological, and psychological data.
- 1.3 Describe the conditions for and the approaches to the physical examination.
- 1.4 Demonstrate beginning skill in the four methods of physical assessment:
 - A. Inspection
 - B. Palpation
 - C. Percussion
 - D. Auscultation
- 1.5 Describe and record a general survey of a client.
- 1.6 Demonstrate the use of inspection and palpation in the assessment of the integument.
- 1.7 Define terminology used in the assessment of the integument.
- 1.8 Describe and record the normal findings.

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Unit 2. Assessment of the Head and Neck

General Outcome:

- 2.0 The students should be able to perform an assessment of the head and neck.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

- 2.1 Demonstrate a systematic assessment of the head, eyes, ears, nose, mouth, pharynx, and neck using inspection, palpation, percussion, and auscultation.
2.2 Demonstrate beginning skill in using the otoscope.
2.3 Describe and record the normal findings of the head and neck assessment.

Unit 3. Assessment of Breast, Axilla, Lungs, and Thorax

General Outcome:

- 3.0 The students should be able to perform an assessment of breast, axilla, lungs, and thorax.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

- 3.1 Demonstrate a systematic assessment of the breast and axilla using inspection and palpation.
3.2 Describe and record the normal findings of the assessment.
3.3 Demonstrate a systematic assessment of the lungs and thorax using inspection, palpation, percussion, and auscultation.
3.4 describe and record the normal findings of the assessment of the lungs and thorax.

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Unit 4. Assessment of the Heart and Peripheral Vascular System

General Outcome:

4.0 The students should be able to perform an assessment of the heart and peripheral vascular system.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

4.1 Demonstrate a systematic assessment of the heart and peripheral vascular system, using palpation, percussion, and auscultation.

4.2 Describe and record the normal findings.

Unit 5. Assessment of the Neuro-Musculoskeletal System

General Outcome:

5.0 The students should be able to perform an assessment of the neuro-musculoskeletal system.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

5.1 Demonstrate a systematic assessment of the musculoskeletal system using inspection and palpation.

5.2 Describe and record the normal findings.

5.3 Demonstrate a systematic assessment of the neurological system using inspection, palpation, and percussion.

5.4 Describe and record the normal findings.

5.5 Demonstrate a systematic assessment of the mental status of a client.

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Unit 6. Assessment of the Abdomen and Genito-Urinary Systems

General Outcome:

6.0 The students should be able to perform an assessment of the abdomen and genito-urinary systems.

Specific Learning Outcomes:

Upon successful completion of this unit, the students should be able to:

- 6.1 Demonstrate the use of inspection, palpation, percussion, and auscultation in the assessment of the abdomen.
- 6.2 Describe and record the normal findings.
- 6.3 Differentiate between the different types of hernias and the procedure for evaluation of them.
- 6.4 Describe and record the elements included in the examination of the male/female genito-urinary system.
- 6.5 Describe the normal findings of the male/female rectal exam.