

# BROWARD COLLEGE COURSE OUTLINE

**LAST REVIEW: 2009-2010**

**NEXT REVIEW: 2014-2015**

**STATUS: A**

**COURSE TITLE: REFRACTOMETRY**

**COMMON COURSE NUMBER: OPT 2375**

**CREDIT HOURS: 2**

## **CONTACT HOUR BREAKDOWN**

Lecture: 32

Lab:

Clinic:

Other:

**PREREQUISITE(S): OPT 1110, OPT 1110L, OPT 1210**

**COREQUISITE(S):**

**PRE or COREQUISITE(S): OPT 1150, OPT 1150L, OPT 1330, OPT 2879**

## **COURSE DESCRIPTION:**

This course reviews the theory and terminology used in determining the powers of corrective lenses in relation to a patient's refractive errors are discussed. Emphasis will be placed on the Phoropter, retinoscope, and automated refraction instruments. Problems associated with the change in refractive powers will also be discussed.

## **UNIT TITLES**

- 1 OPTICS OF REFRACTOMETRY
- 2 ANATOMY AND REFRACTIVE STATUS
- 3 ASTIGMATISM AND STRUM'S CONOID
- 4 VISUAL ACUITY TESTING (REVIEW)
- 5 STREAK RETINOSCOPY
- 6 MANUAL AND AUTOMATED PHOROPTER
- 7 SUBJECTIVE TESTING
- 8 BINOCULAR BALANCE
- 9 "SIDE-TRIPS"
- 10 NEAR VISION TESTING
- 11 FUNCTIONAL TESTING
- 12 REFRACTIVE COMPLAINTS
- 13 ADVANCED REFRACTIVE PROBLEMS

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## OPT 2375

### **Unit 1** OPTICS OF REFRACTOMETRY

#### **General Outcome:**

1.0 The student shall: review the basic theory of optics and light and how they are applied to vision.

#### **Specific Measurable Learning Outcomes:**

##### **Upon successful completion of this unit, the student shall be able to:**

- 1.1 Define light and discuss its importance to vision.
- 1.2 Discuss the origin of light.
- 1.3 Describe four instances when sunlight can be harmful to the eye.
- 1.4 Compare and contrast ultraviolet radiation, visible light and infrared radiation as far as wavelength range and effect on the human eye.
- 1.5 List the three (3) types of UV radiation and discuss how each affects the human eye.
- 1.6 Illustrate where red, blue, and yellow light are focused relative to the retina in a normal eye.
- 1.7 Explain how the human eye perceives color by contrasting color “additors” with color “subtractors”.
- 1.8 Compare and contract regular and irregular reflections.
- 1.9 Illustrate graphically the law of reflection.
- 1.10 Define and diagrammatically illustrate the optical phenomenon of refraction.
- 1.11** Draw a ray diagram illustrating image formation by both a convex and concave lens.

### **Unit 2** ANATOMY AND REFRACTIVE STATUS

#### **General Outcome:**

2.0 The student shall: have an understanding of anatomy of the eye with special emphasis on refractive errors.

#### **Specific Measurable Learning Outcomes:**

##### **Upon successful completion of this unit, the student shall be able to:**

- 2.1 Identify the basic parts of the human eye.
- 2.2 Relate specific parts of the eye to their function in refraction and vision.
- 2.3 Discuss various refractive states of the human eye.

### **Unit 3** ASTIGMATISM AND STRUM’S CONOID

#### **General Outcome:**

3.0 The student shall: be able to identify and compare various types of astigmatism and how to correct them.

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### **Unit 3**      ASTIGMATISM AND STRUM'S CONOID continued

#### **Specific Measurable Learning Outcomes:**

**Upon successful completion of this unit, the student shall be able to:**

- 3.1 Describe the various types of astigmatism associated with vision.
- 3.2 Determine what type of lens will correct for the various types of astigmatism.
- 3.3 Describe and relate the Conoid of Strum to vision and astigmatism.
- 3.4 Determine the prescription of a spherical equivalent problem.

### **Unit 4**      VISUAL ACUITY TESTING (REVIEW)

#### **General Outcome:**

4.0 The student shall: review the procedures for taking a visual acuity on a normal patient.

#### **Specific Measurable Learning Outcomes:**

**Upon successful completion of this unit, the student shall be able to:**

- 4.1 Discuss the methods for performing standard Snellen chart acuity testing at both near and far.
- 4.2 Compare and contrast three (3) other commonly used acuity testing charts..
- 4.3 Interpret the meaning of the standard Snellen notation.
- 4.4 Discuss other factors that influence acuity testing.
- 4.5 Explain the use of contrast sensitivity testing.

### **Unit 5**      STREAK RETINOSCOPY

#### **General Outcome:**

5.0 The student shall: be able to understand the theory of an objective refraction.

#### **Specific Measurable Learning Outcomes:**

**Upon successful completion of this unit, the student shall be able to:**

- 5.1 Explain how to use a retinoscope.
- 5.2 Discuss the process of streak retinoscopy.
- 5.3 Differentiate between streak and spot retinoscopy.
- 5.4 Differentiate between static and dynamic retinoscopy.
- 5.5 Understand the use of a "working lens".
- 5.6 Describe the various motions that determine a refractive error.
- 5.7 Explain the concept of "far point" in determining refractive error.
- 5.8 Describe neutralization of the refractive error and the "dead zone".
- 5.9 Explain the use of cycloplegic in retinoscopy.
- 5.10 Differentiate between a retinoscopic refraction and a manifest refraction.

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### **Unit 6** MANUAL AND AUTOMATED PHOROPTER

#### **General Outcome:**

6.0 The student shall: be able to identify all of the parts and controls of the modern phoropter. The automated phoropter will also be discussed

#### **Specific Measurable Learning Outcomes:**

**Upon successful completion of this unit, the student shall be able to**

- 6.1 List and describe the parts and controls of the phoropter.
- 6.2 Discuss the proper positioning of the patient.
- 6.3 Discuss how the phoropter can be used in vision testing.

### **Unit 7** SUBJECTIVE TESTING

#### **General Outcome:**

7.0 The student shall: gain knowledge in the process of subjectively testing a patients vision and using the phoropter to improve visual acuity.

#### **Specific Measurable Learning Outcomes:**

**Upon successful completion of this unit, the student shall be able to:**

- 7.1 Describe the procedure to determine maximum plus power to achieve maximum visual Acuity.
- 7.2 Compare three (3) end-points of the initial refraction.
- 7.3 Discuss the use of the Jackson Cross-Cylinder test.
- 7.4 List the steps for basic prescription modification.
- 7.5 Describe the proper method of recording refraction results.

### **Unit 8** BINOCULAR BALANCE

#### **General Outcome:**

8.0 The student shall: describe the steps and the desired outcomes for binocular balance.

#### **Specific Measurable Learning Outcomes:**

**Upon successful completion of this unit, the student shall be able to:**

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### **Unit 8**      BINOCULAR BALANCE continued

- 8.1 List the steps for binocular balance testing.
- 8.2 Discuss the criteria for a reliable end-point.
- 8.3 Explain why end point data may not be reliable.
- 8.4 Describe the procedure when a patient is unresponsive to binocular balance.
- 8.5 Describe the effect of binocular balance on accommodation.

### **Unit 9**      “SIDE-TRIPS”

#### **General Outcome:**

9.0 The student shall: discuss the need for refractive “side-trips”

#### **Specific Measurable Learning Outcomes:**

**Upon successful completion of this unit, the student shall be able to:**

- 9.1 Explain the use of the clock chart in determining astigmatism.
- 9.2 Describe the Jackson Cross-Cylinder method for finding uncorrected astigmatism.
- 9.3 Determine the method and usage of the prism-dissociated duochrome test.
- 9.4 Discuss when the sighting dominance check is used.
- 9.5 Explain the procedure used for trial frame refractions.
- 9.6 Compare stenopaic slit refraction with other methods of finding and correcting astigmatism.
- 9.7 Determine when a cycloplegic refraction is needed.

### **Unit 10**      NEAR VISION TESTING

#### **General Outcome:**

10.0 The student shall: gain knowledge in the procedure for testing the reading acuity of a patient. Emphasis will be placed on using the phoropter for best near visual acuity.

#### **Specific Measurable Learning Outcomes:**

**Upon successful completion of this unit, the student shall be able to:**

- 10.1 Compare several methods of determining the near prescription for a presbyope.
- 10.2 Explain the procedure for dynamic cross-cylinder testing.
- 10.3 Discuss the use of refractive charts based on patients’ age.
- 10.4 Define “split add” and discuss when it is used.
- 10.5 Describe the need for a trifocal.

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### **Unit 11** FUNCTIONAL TESTING

#### **General Outcome:**

11.0 The student shall: be able to discuss the influence of accommodation and vergence on the refractive state and prescription.

#### **Specific Measurable Learning Outcomes:**

**Upon successful completion of this unit, the student shall be able to:**

- 11.1 Explain distance lateral and vertical phoria by Von Graefe technique.
- 11.2 Discuss the methods for testing horizontal and vertical vergence at distance and near.
- 11.3 Compare and contrast the Von Graefe and vergence techniques.
- 11.4 List the steps for testing phoria and tropia.

### **Unit 12** REFRACTIVE COMPLAINTS

#### **General Outcome:**

12.0 The student shall: have an understanding of the diagnostic process in dealing with patients that have a complaint with their prescription.

#### **Specific Measurable Learning Outcomes:**

**Upon successful completion of this unit, the student shall be able to:**

- 12.1 Explain how to pin point the problem.
- 12.2 Determine if the problem is prescription or fitting oriented.
- 12.3 Discuss how base cure differences can effect vision and comfort.
- 12.4 Describe prismatic effect of a prescription how induced prism can cause problems.
- 12.5 Describe the effect of over “plussing” the near prescription.
- 12.6 Explain the various types of problems associated with bifocals.
- 12.7 Compare frame problems in relation to fit and to cosmetic appearance.
- 12.8 Determine if the visual problem is functional or physiological.

### **Unit 13** ADVANCED REFRACTIVE PROBLEMS

#### **General Outcome:**

13.0 The student shall: be able to discuss special problems that may confront the refractionist.

#### **Specific Measurable Learning Outcomes:**

**Upon successful completion of this unit, the student shall be able to:**

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### **Unit 13**

#### ADVANCED REFRACTIVE PROBLEMS continued

- 13.1 Explain how to pin point the problem.
- 13.2 Determine if the problem is prescription or fitting oriented.
- 13.3 Discuss how base cure differences can affect vision and comfort.
- 13.4 Describe prismatic effect of a prescription how induced prism can cause problems.
- 13.5 Describe the effect of over “plussing” the near prescription.